

How to Be a Good Friend

What makes a good friend?

Good friends are helpful, kind, and fun.

Autistic kids like to play, laugh, and learn – just like you!

What are good ways to make friends with autistic kids?

1 Ask them to join you!



Do you
want to play
with me?

2 Wait for them.

Autistic kids may take time to talk. Be patient.

3 Take turns talking.

If your friend doesn't talk, look at their face to see how they feel.

Match the face to the feeling!



Scared



Sad



Happy



Do you want to

_____ ?

Tip: Autistic kids may not look at you when you talk to them. It doesn't mean that they're not listening!

4 Be kind. If your friend makes you upset, tell them to “please stop.” If they make you happy, be sure to tell them that, too!

5 Love your differences! Autism is not a bad thing. It’s a way that people are different.

Difference is great - it makes us special!

How are you different?

6 If you see your friend being bullied, tell an adult you trust.

7 Learn more about autism. Ask an adult for help. Learning more will help you be a good friend!

What kind of games do you like?

I like you just the way you are!

